

ADVENTURE ACTIVITIES RISK ASSESSMENT AND CONTROL RECORD

This Risk Assessment shall be reviewed at least every 2 years, upon identification of any new risks or whenever there is a related incident or change in a the task, process or activity which may alter risks

PART A - ACTIVIT	Y DETAILS					
Name of activity:			Risk Assessment Number	er:		
Bushwalking		YMCA-AA-RAL16				
Activity Scope:			ACTIVITY RIS	SK RATING		
	des an opportunity for participants to naviç e carrying their personal gear in backpack	Overall Risk Level (without Controls)	Overall Risk Level (with Controls)			
formed track or easy untrack		Medium	Low			
Equipment / Facility Requirements:	Supervision Requirements:		Activity Leader Qualifica	tion Requirements:		
Program staff safety	Supervision of active participants	1 Outdoor Leader				
equipment. Maps, compasses, backpacks	Supervision of non-active participants	YMCA Internal Training and current first aid				
Prepared By:	In Consultation with:		Issue Date:	Next Review Date:		
Lynda Aldridge	Brent Greenfield, Jackie Kelly, Jordan D	evine, Graeme Ferguson	1-Jan-2024	31-Dec-2026		
WHS Advisor	Group Manager					
Michael Schablon	Michelle Stanton					
Reference Information: (e. Policies, CoP, Standards, Ro	g. manufacturer's instructions, operating regulations)	manuals, industry information, Company	Supporting Documentati SWP, Guidelines, Manuals, In Training Records, Signage)			
Australian Adventure Activity St Bushwalking	andard & Core Good Practice Guide (GPG), B	ushwalking GPG v1.0 CARA guidelines:	Master Adventurous Activity F Control Record, Expedition Standard Operatin Equipment Inspection, routine Equipment Inspection, annual iAudit Training records	g Procedures		

				Consequences										
	ASSESSMENT MATRIX			A – Insignificant	B - Minor	C - Moderate	D - Major	E - Extreme						
RISK				Near miss or limited harm not requiring first aid	Injury or illness requiring no medical treatment with no lost time and minor incidents	Compensable physical or phycological injury with > 7 days off.	Serious Injury resulting in permanent impairment / long term rehabilitation	Death, multiple serious injuries.						
	5-Almost C	ertain												
		rt period of time	ner immediately e (likely to occur	MEDIUM	HIGH	HIGH	HIGH	HIGH						
D D	4-Likely Will probably of (several times	occur in most cir a year)	rcumstances	LOW	MEDIUM	MEDIUM	HIGH	HIGH						
Likelihood	3-Possible Probably will o happen every	ccur at some tir	me (may	LOW	LOW	MEDIUM	MEDIUM	HIGH						
	2-Unlikely Possibly to occ	cur at some time	e in 2-10 years	LOW	LOW	LOW	MEDIUM	MEDIUM						
		ur only in excep (may happen e		LOW	LOW	LOW	LOW	MEDIUM						
RISK CC	NTROL HE	IRARCHY												
	Most Effective	Level 1	Elimination	ı - Can risks be remove	ed, repaired, outsource	ed or otherwise elimina	ted?							
စ္			Substitutio	Substitution - Can risks be reduced through substituting the hazard or process with a safer alternative?										
Proactive		Level 2		olation - Can risks be reduced through isolating the hazard from possible contact with workers or patrons?										
roa				neering - Can risks be controlled through engineering means or structural / equipment modification?										
<u> </u>		Level 3	Administra	ninistration - Can risks be controlled through training, supervision and / or signage?										
	Least Effective	Level 5	Personal P	rotective Equipment	- Can risks be controlle	ed through the use of p	ersonal protective equ	ipment?						
Emergency equipment				y Response - Can risks be reduced through the provision of special / additional emergency response and/or procedures? in addition to standard First Aid kits, First Aid personnel, Fire Safety Installations, Fire and Evacuation Plans, d drills)?										

PART B	HAZARD IDENTI	FICATION, R	_				SESSMENT AND CONTROL				
Hazard	Risk Event	Consequences		nit Ris			Control Measures	Person Responsible		urr Ris	reni sk
What is the source of the Risk?	How can a person be injured?	What are the expected injuries / illness?	L	С	F	R	What will reduce the likelihood or consequences?	Who is responsible for implementing the control measure?	L	С	R
Environme	nt – hazards and risks associ	ated with the Environ	ner	nt.							
Flooding	Swept away in fast waters	Drowning	4	D	ŀ	Н	Reassess the crossing of swollen creeks and riversKnow safe crossing techniquesVisually monitor river levels	Outdoor Leader	2	С	L
Drinking water	Water borne illness	Nausea, stomach cramps, diarrhoea,	2	С	: [Carry water quantities appropriate for the type of activity, its anticipated intensity and weather conditions Use water purification tablets when the water quality is unknown Brief participants to not drink the creek, river or dam water 	Outdoor Leader	1	В	L
		vomiting					Provide water purification tablets for the activity as required	Program Coordinator			C L B L
		Abrasions					 Expedition routes be determined where pathways separated from the road where possible Provide suitable maps and route plans to ensure Outdoor Leaders follow planned routes 	Program Coordinator			
Roads I	Vehicles hitting participants	Contusions Lacerations	3	D	N	М	 Brief participants on road safety whilst undertaking the expedition General supervision and monitoring of behaviour during the activity session When crossing roads stand on side with maximum visual line of sight with approaching vehicles. Instruct client staff to manage participants opposite side of road 	Outdoor Leader	2	С	L

Please refer to Master Risk Assessment for Adventurous Activities for generic risk assessment and controls

PART B -	HAZARD IDENTIF	ICATION, RI	SK	AS	SESSMENT AND CONTROL			
Hazard	Risk Event	Consequences		iitial Risk	Control Measures	Person Responsible	Curr	
People – List all	hazards and risks associa	ted with People.						
Group Separation	Lack of supervision resulting in lost participant	Minor psychological injury	3	В L	 Clearly defined behavioural expectations outlined in briefing Maintain visual contact of the group Conduct head count at start, regular intervals during and post activity to ensure all participants are present Brief participants on what to do should they become injured or disorientated/lost 	Outdoor Leader	1 A	L
	Getting lost	Minor physical or psychological injury	3	В L	 Brief participants on basic navigational techniques using map and compass, and to stop at every decision point along the route to consult map Brief participants to remain together and follow convoy procedures. Everyone ensuring they can see the person behind them at all times Brief participants to find the first marker and return to base to ensure instructions have been understood prior to undertaking whole course 	Outdoor Leader	1 A	L
Participants	Fatigue / over exertion	Psychological injury	3	ВЬ	 Choose the course/track based on groups ability Participants encouraged to carry water bottles and drink water prior to and during activity 	Outdoor Leader	2 A	L
	Toileting in bush	Psychological injury	2	ВЦ	Encourage participants to use bathrooms prior to walkBrief on appropriate toileting procedures as required	Outdoor Leader	2 A	L

Please refer to Master Risk Assessment for Adventurous Activities for generic risk assessment and controls

PART B -	HAZARD IDENTIF	ICATION, RI	Sk	(A	S	SESSMENT AND CONTROL			
Hazard	Risk Event	Consequences		nitia Risk		Control Measures	Person Responsible	1	urrent isk
Logistics & Eq	uipment – List all risks ass	ociated with Logist	ics i	and	Eq	uipment.			
Мар	Inaccurate maps or poorly designed courses causing participants to get lost or encountering unexpected hazards	Lacerations, contusions, minor psycological distress	3	В	П	 Ensure maps are up to date and potential hazards including out of bounds areas are clearly marked Ensure courses are appropriate for skill level of participants 	Program Coordinator	2	A L
	Inability to read a map causing participants to get lost or encountering unexpected hazards	Minor psycological distress	3	В	L	 Select and sett up course appropriate to group Provide basic orienteering training for beginners Clearly explain course difficulty, rules and safety guidelines 	Outdoor Leader	2	A L
Backpacks						Provide suitably sized backpacks for groups to carry personal gear	Logistics Coordinator		
	Incorrect size or fitting of pack	Abrasion, strain	3	В	L	 Ensure participants select correct size backpack Brief participants on how to adjust backpacks to fit them correctly Brief participants on how to pack their backpacks to ensure the load is evenly distributed and heavy items close to lower back Monitor participants to ensure wearing backpacks correctly 	Outdoor Leader	2	A L

Please refer to Master Risk Assessment for Adventurous Activities for generic risk assessment and controls